Returns & Refunds Policy

Thank you for shopping at Healthy On-The-Go!

At Healthy On-the-Go, we are committed to ensuring your satisfaction with our products. If you are not completely satisfied with your purchase, please review our refund and return policy below:

Refunds for Goods

- Refund requests must be submitted within **14 days** of receiving your goods.
- Refunds will be processed after the returned item has been inspected and approved.
- Please note that refunds may take up to 30 days to appear on your original payment method, depending on your financial institution.

Returns

- Returns can be made by mail.
- To initiate a return, please contact us at [Insert Contact Email or Phone Number] with the details of your issue and your order number.
- We will provide you with detailed instructions on how to return the product to qualify for a refund.

Additional Information

- Returned items must be in their original condition and packaging, unless the product was defective or damaged during shipment.
- Shipping costs for returns are the responsibility of the customer unless the return is due to a defect or error on our part.

For any questions or assistance, feel free to reach out to our support team at *meals@heat-go.com*. We are here to help!

Thank you for choosing Healthy On-the-Go!